



Do you have Chiari Malformation?

Is Chronic pain impacting your everyday life?

If you answered yes to both these and are over 18 years old, this study might be for you.

Study for adults with chronic pain

We're looking for adults with Chiari Malformation who suffer from chronic pain to examine the effectiveness of an online intervention.

Participants will be asked to participate in:

- Sleep tracking
- 8 Modules of an intervention along with completion of weekly questionnaires
- Weekly 5-10 minute phone call
- 2 follow up time points at 1 and 3-months after the completion of the intervention

Location

- Anywhere in the U.S.
- All modules will be delivered online; all you need is access to the Internet and a computer or tablet!

Are you eligible?

- 18 years or older
- Chronic pain for a minimum of 3 months
- Not currently engaged in another Cognitive Behavioral Therapy based intervention

Participants will receive:

- Monetary compensation

If you are interested in participating, click [HERE](#)

For questions, please contact Emily Rabinowitz at:

chiaristudy@gmail.com