## SEPTEMBER IS CHIARI AWARENESS MONTH

What's in a name?

Unfortunately, there is little consistency when it comes to the names used for Chiari. Specifically, while some professionals reserve the term Arnold-Chiari to refer to Chiari Type II (associated with spina bifida), many MRI reports and pediatricians still use Arnold-Chiari to refer to Type I. Adding to the confusion is the misunderstanding of many new patients that the types refer to severity. This is not the case, meaning Type I will not progress to Type II. However, just to make things even more confusing, some people have characteristics of both types, and this has been referred to in the medical literature as Type 1.5!

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