

September 23rd, 2023



LINCOLN, NE



Holmes Lake Park
S 70th & Normal Blvd.
Lincoln, NE 68506

REGISTRATION: 9:30 AM
WALK STARTS: 11:00 AM

Chiari Malformation is a serious neurological disorder affecting more than 300,000 people in the US.

Walk distance is 2 miles(around the lake), participate at your fitness level.

The **Conquer Chiari Walk Across America** is a series of local awareness and fundraising walks held on the 3rd and 4th Saturday of September, uniting patients and their families across the country. Join us on this special day to help support the thousands of people struggling with this life changing diagnosis.

Proceeds will be used to fund Chiari research, education and awareness programs.

Participation is free. T-shirts will be provided for pre-registered walkers with a minimum donation of \$40 (**deadline is 8/16**).

CONTACT:

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DJ, FACE PAINTING, YARD GAMES, RAFFLE
LUNCH WILL BE PROVIDED !
BRING CHAIRS OR BLANKETS



Conquer Chiari, known formally as the C&S Patient Education Foundation is a Pennsylvania 501(c)3 nonprofit dedicated to improving the experiences and outcomes of Chiari patients through education, awareness, and research.

pre-register: walk.conquerchiari.org