## September 23rd, 2023 Register @ walk.conquerchiari.org

## MURRAY, KY

Rotary Amphitheater Murray - Calloway Parks Murray, KY 42071

REGISTRATION: 10:00 AM WALK STARTS: 11:00 AM



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Walk distance is flexible, walk at your fitness level.

## RUN, WALK OR ROLL 3K

The 3K "race" where "almost" anything goes... Aside from running or walking, participants can walk with strollers or roll with wheelchairs. Participates with adaptive equipment are welcome. Above all else, everyone is encouraged to wear crazy outfits, Awards will be given out for best crazy outfit, best team spirit, best time female, best time male, best time youth female (12 and under), best time youth male (12 and under),



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**Chiari Malformation** is a serious neurological disorder affecting more than 300,000 people in the US.

The Conquer Chiari Walk Across America is a series of local awareness and fundraising walks held on the 3rd and 4th Saturday of September, uniting patients and their families across the country. Join us on this special day to help support the thousands of people struggling with this life changing diagnosis.

Proceeds will be used to fund Chiari research, education and awareness programs.

Participation is free. T-shirts will be provided for pre-registered walkers who have raised a minimum of \$40. (deadline is 8/16).

Conquer Chiari, known formally as the C&S Patient Education Foundation is a Pennsylvania 501(c)3 nonprofit dedicated to improving the experiences and outcomes of Chiari patients through education, awareness, and research.

TOGETHER We Walk. TOGETHER We fight. TOGETHER We Win.