

Announcement

May 26th, 2022

Conquer Chiari is excited to announce a \$74,000 research grant to Kent State University to further evaluate and refine the online delivery of Acceptance and Commitment Therapy (ACT) to Chiari patients with chronic pain. This is the third project Conquer Chiari has funded in this area. The first established that in-person ACT is effective in helping Chiari patients cope with chronic pain, while the second study established that the same service can be delivered effectively over the internet.

In this study, Dr. Doug Delahanty (Kent State) will work with Dr. Phil Allen (Conquer Chiari Research Center) to optimize details of the ACT protocol with the goal of turning it into a service that can be delivered in a cost-effective manner to the entire Chiari community.

According to Rick Labuda, Executive Director of Conquer Chiari, “Chronic pain is a significant issue for far too many Chiari patients, even after decompression surgery. ACT shows promise in being able to help these patients cope with the overwhelming effects of the continuous pain. Conquer Chiari is committed to finding a way to have a major impact on the overall well-being of the Chiari community and this project represents an important step forward to achieving that goal.”

About Conquer Chiari: Conquer Chiari is the largest non-governmental funder of Chiari research in the world and is committed to improving the experiences and outcome of Chiari patients through education, awareness, and research.

Please join us in this mission and participate in the Conquer Chiari Walk Across America 2022:
walk.conquerchiari.org